

PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: LWB

Coachinfo: Warming up from: 08:30 untill 09:25. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M MEDLEY MEN 11+

Heat:5, starttime: 09:39

Heat: 5/7 Lane : 1 Athlete: MANNAERTS MATHIAS

Q-time: 01:15:30

PB (25m pool): 01:15.30 Bilzen 25/01/2026

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:15.30	
	no time				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+

Heat:6, starttime: 09:40

Heat: 6/7 Lane : 2 Athlete: GERITS TUUR

Q-time: 01:07:35

PB (25m pool): 01:07.35 Bilzen 25/01/2026

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:07.35	
	no time				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+

Heat:6, starttime: 09:40

Heat: 6/7 Lane : 4 Athlete: KAMAGATE TAMSI

Q-time: 01:06:11

PB (25m pool): 01:06.11 Stedelijk Zwembad Geel 15/02/2026

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.28		01:06.11	
	00:32.28			00:33.83	
					

Coach feedback:

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Event number: 21: 100M BUTTERFLY MEN 13+					Heat:4, starttime: 10:08
Heat: 4/4 Lane : 8 Athlete: GERITS TUUR					Q-time: 01:04:06
PB (25m pool): 01:04.06 Beringen 08/02/2026					PB (50m pool): 01:04.34 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.99		01:04.06	
	00:29.99		00:34.07		
					

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN 11-12					Heat:3, starttime: 10:15
Heat: 3/4 Lane : 3 Athlete: DE LAAT ELENA					Q-time: 01:35:78
PB (25m pool): 01:35.78 Mol 28/12/2025					PB (50m pool): 01:32.60 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.77		01:35.78	
	00:44.77		00:51.01		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 10:28
Heat: 4/7 Lane : 8 Athlete: HURKMANS CÉDRIC					Q-time: 01:27:04
PB (25m pool): 01:27.04 Lommel 22/02/2026					PB (50m pool): 01:29.48 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.22		01:27.04	
	00:43.22		00:43.82		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:6, starttime: 10:33
Heat: 6/7 Lane : 5 Athlete: MANNAERTS MATHIAS					Q-time: 01:08:31
PB (25m pool): 01:08.31 Lommel 22/02/2026					PB (50m pool): 01:09.79 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.84		01:08.31	
	00:33.84		00:34.47		
					

Coach feedback:

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Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:3, starttime: 11:19
Heat: 3/8 Lane : 1 Athlete: MICHIELS ANS			Q-time: 00:32:92
PB (25m pool): 00:32.92 Hasselt 04/05/2025			PB (50m pool): 00:34.31 SB: no time
	2 5 M	5 0 M	
PB		00:32.92	
		00:32.92	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:3, starttime: 11:28
Heat: 3/3 Lane : 2 Athlete: KAMAGATE TAMSI			Q-time: 00:32:44
PB (25m pool): 00:32.44 Lommel 22/02/2026			PB (50m pool): 00:33.77 SB: no time
	2 5 M	5 0 M	
PB		00:32.44	
		00:32.44	
			

Coach feedback: